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PRE-SURGERY INSTRUCTIONS

In order to minimize any complications with your upcoming surgery, we recommend that you please review the following information immediately:

- Please let us know immediately if you take **ASPIRIN, PLAVIX, COUMADIN** or any other blood thinning medications or dietary supplements
- Discontinue use of blood thinning medications prior to surgery **IF IT IS MEDICALLY SAFE AND YOUR PRIMARY CARE DOCTOR HAS APPROVED OF IT. Your primary care doctor may give you different guideline for stopping these medications:**
 - **ASPIRIN** should be stopped **14 days** prior to surgery
 - **COUMADIN** should be stopped **3-5 days** prior to surgery
 - **PLAVIX** should be stopped **3-5 days** prior to surgery
 - Do not take ibuprofen (**Advil, Motrin**), naprosyn/naproxen (**Aleve**) for 2 weeks prior to surgery
- Please inform us if you have any **ALLERGIES** to any **medications, latex, iodine/betadine, adhesives, or local anesthetics**
- Please inform us if you usually take antibiotics before any surgery or dental procedure (usually patients with abnormal heart valves or joint/metal implants)
- Please inform us of any special medical conditions such as having a **pacemaker** or **defibrillator**
- Have a pre-operative physical examination with your primary care doctor. We will send the necessary paperwork over to your physician
- Make arrangements for transportation on the day of surgery and to have a caregiver with you for 24 hours after surgery
- Fill prescriptions (ointment, drops) if given to you for the post-operative course. Put them aside and have them available for after surgery
- Have frozen peas, carrots or ice available at home to use after surgery to minimize bruising and swelling
- Please be aware of any scheduled pre-operative or post-operative visits (typically there is a visit one week after surgery to remove sutures)

