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Post Minor Surgery Instructions

Use your prescribed ointment twice daily/four times daily. Apply with a clean finger or Q-tip. Do not rub

Apply ice packs or ice compresses for 15 minutes every 1 hour for the first 2 days

Try to sleep with your head elevated for the first 2 nights (on several pillows or in a recliner)

Take Tylenol or any prescribed medication for pain (do not drive or make legal decisions while taking strong pain medications)

You may notice more bruising and swelling the morning after your procedure – this is normal

Remove patch in _____ hours

Call the office if you have severe pain, severe swelling, discharge from the skin, disruption of stitches, vision changes (usually a little blurred vision after a procedure can be normal) or other worrisome symptoms

